

# DESIGNATED PETER ANDREWS MEMORIAL MEDAL RACES

An "ELECTRONIC" Competition open to

E.V.A.C. MEMBERS - MEN & WOMEN 35 +

One condition : you must enter the APPROPRIATE OPEN RACE : NO EXTRA FEE

.....  
You must score 85% or more on the W.M.A. % Tables  
To qualify for a MEDAL

IN ADDITION FULL LIST OF ALL PARTICIPANTS IN ALL RACES WITH W.M.A. PERCENTAGES,  
ENABLING YOU TO COMPARE YOUR % WITH MEMBERS PARTICIPATING IN OTHER RACES AT  
WHATEVER THE DISTANCE WITHIN THE EASTERN AREA



TWO EARLY FIXTURES FOR 2011 - BOTH AT 10K

1 . FLITWICK 10K 10.30 START – SUNDAY 10<sup>th</sup> APRIL

[www.flitwick10k.org.uk](http://www.flitwick10k.org.uk)

click Entries for online or download entry form.

2 . BRECKLAND 10K 11.00 START MONDAY 2<sup>nd</sup> MAY

[www.thetford-ac.co.uk/b10entry.html](http://www.thetford-ac.co.uk/b10entry.html)

Entries – ONLINE Only

3 . HUMPTY DUMPTY 10K 1030 26TH JUNE GT. .YARMOUTH Nfk.

( [gydacraces@btconnect.com](mailto:gydacraces@btconnect.com) )

**FURTHER PROVISIONAL FIXTURES : ( More details later )**

4 . LUTON 10K 24<sup>th</sup> JULY 5 . THORNEY 5Mile AUGUST 13<sup>th</sup> AUG.

6 . WISSEY HALF MARATHON 4<sup>th</sup> SEPT 7 . FENLAND 10 MILE 30<sup>th</sup> OCT.

8 . BEDFORD HARRIERS HALF MARATHON 12<sup>th</sup> DECEMBER

With Thanks to :

AMPTHILL & FLITWICK FLYERS R.C. - THETFORD AC – THORNEY RC – LUTON A.C.

GT. YARMOUTH & DISTRICT R.C. - . RYSTON R.C. - FENLAND R.C. – BEDFORD H.

THE E.V.A.C. ROAD CHAMPIONSHIP – WILL BE CONFIRMED IN APRIL - FROM 4, 5, 6, 7, OR 8.